

## **“Life Balance with BodyTalk”**

Teresa Ohlson, Certified BodyTalk Practitioner (CBP)

### **California Health and Freedom Act Disclosure Regarding California Senate Bill SB 577**

#### **What BodyTalk is ...**

The BodyTalk System™ is a revolutionary consciousness-based health care system that blends quantum physics with ancient philosophical knowledge. It utilizes the body's own innate wisdom to re-establish communication within itself. It is an alternative or complementary to 'healing arts that are licensed by the State of California,' i.e. it is a complement to more traditional western medicine provided by doctors, nurses and hospitals. As a complementary or alternative health care system, BodyTalk does not require licensing by the state.

Under Sections 2053.5 and 2053.6 of the California Business and Professions Code, I, **Teresa Ohlson**, can offer you these services subject to the requirements and restrictions in Attachment A. The BodyTalk System™ does not conflict with, or legally contravene, any existing health care system or law.

If you have any concerns about the nature of your treatment, please feel free to discuss them with me.

#### **What BodyTalk is NOT**

BodyTalk is not a substitute for conventional medical care. Your practitioner, Teresa Ohlson, is not a licensed physician. As a complementary or alternative health care system, BodyTalk does not require licensing by the state.

#### **Nature of the Service Provided**

During BodyTalk sessions the client lies down on treatment table fully clothed. The practitioner taps energetically over the head and the heart to re-balance the energy systems throughout the body.

#### **Theory of Treatment**

The BodyTalk session provided by the Certified BodyTalk Practitioner (CBP) is intended to enhance relaxation, increase communication within the areas of the body, and to educate the client to possible energetic or emotional blocks that may create pain and disease. BodyTalk is non-invasive, safe, and objective. No diagnosis is given, no medications prescribed, and no invasive techniques imposed upon the client. It utilizes the body's own innate intelligence to re-establish communication within itself. Sessions may involve the practitioner's sweeping her hands above the body in various ways to break up energy blocks. BodyTalk is used on adults, children and pets with no negative side effects.

**Note:** BodyTalk practitioners know to never treat blood sugar on a diabetic unless the client is capable of monitoring and adjusting his/her own insulin levels.

I recommend that you inform your medical doctor that you are under alternative care.

**Teresa Ohlson is a Certified BodyTalk Practitioner (CBP)** since June 2011 **by the “International BodyTalk Association”** (IBA) headquartered in Sarasota, FL. She has received training in BodyTalk Fundamentals, Principles of Consciousness, Bio-Dynamics, Macrocosmic BodyMind, MindScape, Finding Health I and II, Anatomy & Physiology, Chakras Balancing, Acupressure, San Baio (Meridians Balancing), Reiki, Visceral Dynamics, Structural Integration Concepts, Accunect™ (Mind-Body Balancing), Esoteric Acupuncture and SourcePoint Therapy Concepts. She integrates all these great therapies within a BodyTalk session as needed.

#### **Acknowledgement and Consent to Receive Services**

In order to use my services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. I provide a copy for signature at our first visit. I will keep the original in my records for three (3) years.

- I have read and understand the above guidelines and disclosure about the treatments and techniques offered by Teresa Ohlson as well as her training and education.
- I have discussed with Teresa the nature of the services to be provided.
- I understand that Teresa is not a licensed physician, and that alternative services are not licensed by the state of California.
- I understand it is my responsibility to maintain a relationship for myself / my child with a medical doctor.

- I understand that BodyTalk is not a substitute for medical treatment or medications. I am aware that the BodyTalk Practitioner does not diagnose illness or disease nor does the Practitioner prescribe medications.
- I understand that **if I am diabetic that I will be responsible to monitor my insulin levels after** a blood sugar balancing.
- I have consented to use the services offered by Teresa, and agree to be personally responsible for her fees in connection with the services provided.

Print Name of Client: \_\_\_\_\_

Print Name of person signing, if different: \_\_\_\_\_

Circle one: Self - Parent - Conservator - Guardian

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **Attachment A: California State Senate Bill SB 577**

California Senate Bill SB 577, which was signed by the Governor in September 2002, has profound implications for the practice of alternative forms of healthcare in California. SB 577 enables alternative and complementary health care practitioners (including, but not limited to, homeopaths) to provide and advertise legally. They must also, however, comply with certain requirements specified within the bill.

#### **What does Senate Bill SB 577 mean for you, the patient?**

SB 577 provides you with access to alternative and complementary health care practitioners. You must be given information about the nature of treatment and practitioner's qualifications. Feel free to ask a practitioner any question you might have about your treatment. Check to see if your practitioner has been certified by a professional membership society. In addition, tell your doctor about any alternative treatment you are pursuing. You can also request that your licensed and unlicensed health care providers communicate with each other and work collaboratively to meet your health care needs.

#### **SB 577 helps to protect you**

SB 577 requires unlicensed alternative health care practitioners to follow certain guidelines and restrictions. Here are the things that unlicensed alternative practitioners are **not** allowed to do:

- Perform any form of surgery or any procedure that punctures your skin or harmfully invades your body.
- Use X-Ray radiation
- Prescribe prescription drugs, or recommend that you discontinue drugs that were prescribed by a licensed physician.
- Set fractures.
- Treat wounds with electrotherapy.
- Put you at risk of great bodily harm, serious physical or mental illness, or death.
- Imply in any way that they are licensed physicians.

In addition, an unlicensed alternative practitioner **must do** the following things.

- Provide you with a statement, written in plain language that includes the following information:
  - That he or she is not a licensed physician and that his or her services are not licensed by the state;
  - A brief clear description of the kind of services he or she provides and the reasoning behind it; and,
  - A description of his or her education, training and experience.
- Ask you to sign an acknowledgment that you received the above written statement, and provide you with a copy of it. They must keep a copy of your signed acknowledgment for three years.

