

# California Client Information Form & Waiver

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Version Jan 1, 2003

Welcome to Reiki! The purpose of this form is to give you some basic information on Reiki to take home.

### What REIKI is ...

Reiki is a form of complementary health care practice, which enhances the body's ability to heal itself.

### What Reiki is NOT

Your practitioner is not a licensed physician. REIKI is a complement to 'healing arts services licensed by the state of California', i.e., it is a complement to more traditional western medicine provided by doctors, nurses and hospitals. As a complementary or alternative medicine, REIKI does not require licensing by the state.

### Nature of the Services Provided

Reiki Sessions - the client lies down fully clothed. The practitioner places her hands on or above the body and allows REIKI to radiate from the hands.

### Theory of Treatment

Stress, trauma and illness restrict the natural flow of Ki (chi) "life force energy" through the body. By restoring "Ki" to the body, Reiki rejuvenates the body's ability to relax and de-stress, and supports its ability to heal itself.

In addition to the practitioner's radiating the Reiki energy through her hands, sessions may involve the practitioner's sweeping her hands above the body in various ways, or incorporating breath or vocal tones to break up energy blocks.

### Teresa Ohlson's Qualifications

Teresa Ohlson has been practicing Reiki since 2006. She graduated as a Reiki Master from the "International Center for Reiki Training" in Maui, HI in 2009. She also graduated as a Karuna Reiki® Master in Hunter, NY in 2010, and a Reiki Crystal Practitioner in Sedona, AZ in 2011. She continues to study under various other Reiki Masters.

### Client Acknowledgment (Will be kept on file for 3 years)

I have been provided with a copy of the above document, in accordance with California state law SB 577:

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Acknowledgement and Consent to Receive Services

In order to use my services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. I provide a copy for signature at our first visit. I will keep the original in my records for three (3) years.

- I have read and understand the above guidelines and disclosure about the treatments and techniques offered by Teresa Ohlson, Reiki Master, as well as her training and education.
- I have discussed with Teresa the nature of the services to be provided.
- I understand that Teresa is not a licensed physician, and that alternative services are not licensed by the state of California.
- I understand it is my responsibility to maintain a relationship for myself / my child with a medical doctor.
- I understand that Reiki is not a substitute for medical treatment or medications. I am aware that Teresa, Reiki Master, does not diagnose illness or disease nor does she prescribe medications.
- I have consented to use the services offered by Teresa, and agree to be personally responsible for her fees in connection with the services provided.

Print Name of Client: \_\_\_\_\_

Print Name of person signing, if different: \_\_\_\_\_

Circle one: Self - Parent – Conservator - Guardian

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **Attachment A: California State Senate Bill SB 577**

California Senate Bill SB 577, which was signed by the Governor in September 2002, has profound implications for the practice of alternative forms of healthcare in California. SB 577 enables alternative and complementary health care practitioners (including, but not limited to, Reiki) to provide and advertise legally. They must also, however, comply with certain requirements specified within the bill.

### **What does Senate Bill SB 577 mean for you, the patient?**

SB 577 provides you with access to alternative and complementary health care practitioners. You must be given information about the nature of treatment and practitioner's qualifications. Feel free to ask a practitioner any question you might have about your treatment. Check to see if your practitioner has been certified by a professional membership society. In addition, tell your doctor about any alternative treatment you are pursuing. You can also request that your licensed and unlicensed health care providers communicate with each other and work collaboratively to meet your health care needs.

### **SB 577 helps to protect you**

SB 577 requires unlicensed alternative health care practitioners to follow certain guidelines and restrictions.

Here are the things that unlicensed alternative practitioners are **not** allowed to do:

- Perform any form of surgery or any procedure that punctures your skin or harmfully invades your body.
- Use X-Ray radiation.
- Prescribe prescription drugs, or recommend that you discontinue drugs that were prescribed by a licensed physician.
- Set fractures.
- Treat wounds with electrotherapy.
- Put you at risk of great bodily harm, serious physical or mental illness, or death.
- Imply in any way that they are licensed physicians.

In addition, an unlicensed alternative practitioner **must do** the following things.

- Provide you with a statement, written in plain language that includes the following information:
  - That he or she is not a licensed physician and that his or her services are not licensed by the state;
  - A brief clear description of the kind of services he or she provides and the reasoning behind it; and,
  - A description of his or her education, training and experience.

Ask you to sign an acknowledgment that you received the above written statement, and provide you with a copy of it. They must keep a copy of your signed acknowledgment for three years.